
LANCE DEREK THOMPSON JR

- SAG-AFTRA



Résumé

Represented by:

Heyman Talent (OH) (513) 533-3113

Theatrical (Film / TV), Commercial, Theatre, Voiceover, Modeling, Print, Hosting / Public Appearances

Television

The Chi-Season 7	John-CoStar	20th Century Fox
61st Street-Season 1	Inmate	AMC
Cutlers Court-Season 2	Litigant	Syndicated Reality

Commercials

Allstate	Basketball Fan
Southwest Airlines	Travel Guest

Film

Bafia	Big Rob-Lead	Speak TV Productions
City of Vultures IV	Detective Wallace-Lead	Speak TV Productions
Rehab	Darren-Guess Star	Speak TV Productions
The Coleman Show	Inmate	Caliko Filmz

Training

Steps to Method Film Acting	Dream Studios	Chicago
Introduction to MTA	World Class Talent Studios	Las Vegas NV
Chewing the Scenery (Improv)	Theatre Momentum	Chicago IL
Intensive Comedy/Drama	Shari Shaw	Chicago IL
Self Taping	Janelle Snow	Chicago IL
Meisner Level 2	Jack Schultz	Green Shirt Studio
Cold Reading	Christopher Ammanuel	Hidden Jewels Media Group
Smushed on Camera	Michael Mckracken	Vagabond School of Arts

Lance D. Thompson Jr. is a dynamic creative visionary whose work bridges entertainment, entrepreneurship, and storytelling. A multifaceted professional, Lance is an actor, author, poet, band manager, radio station owner, entrepreneur, devoted husband, and proud father. His career reflects both artistic passion and strategic leadership. As a performer and writer, Lance uses his voice to inspire, challenge, and connect with audiences through powerful narratives and poetic expression.

Physical Characteristics / Measurements

Height: 6'2" Weight: 275 lbs

Baseball, Basketball, Billiards/Pool Player, Body Building, Boxing, Football, Shooting - Revolver/Automatic, Shooting - Rifle, Softball, Swimming - ability - general, Swimming - freestyle, Volleyball, Weight Lifting, Wrestling, Bartender - Vegas Style Flair, Chef, Chef - Saucier, Comedian, Disc Jockey, Firearms, Gamer (Console), Impressionist, Improvisation, Modeling, Vocal Range: Bass, Vocal Style: Rapper, Voiceover, Whistler