JULIE REISLER

Heyman Talent Agency **Laura VonHolle**: laura@heymantalent.com **Cincinnati**: 513-533-3113
Brittany Kirby: brittany@heymantalent.com

Actor | Host | Model | Voiceover Artist

Stats:
Height: 5'7" | Size: 6 | Hair: Curly Brown | Eyes: Blue/Green | Age Range: 35–50

On-Camera & Hosting Experience

- **Podcast Host** – *The You-est You*® | Nearly 500 episodes, 2.8M downloads/views
  Interviewed global leaders, including Mel Robbins, Marianne Williamson, Gregg Braden, and Jamie Kern Lima. Known for warm presence, engaging interviews, and natural on-camera charisma.
- **Television Guest/Host** – *Great Day Washington, Good Morning Washington, WBAL-TV 11 News*
- **Travel Host** – *Best of Travel* (20 segments), U.S. News & World Report
- **Cooking/Wellness Host** – *Sunday Brunch, Sunday Lunch, Sunday Dessert* (WBAL–NBC), *Cooking with The Bubbe* (5 segments)
- **Commercial Host/Spokesperson** – Kraft Singles ("Creative Snacks"), FDIC ("Smart Money"), U.S. Department of Veteran Affairs, Surescripts National Progress Report

Acting Credits

- **Television/Film**
  - *Mammoth Plague* (Discovery History) – Lead/Principal
  - *Forbidden* (Discovery ID) – Principal (Mother)
  - *How Do You Know* (James L. Brooks Feature Film) – Stand-in (Kathryn Hahn)
- **Commercial/Industrial**
  - Chesapeake Urology – Principal
  - Sylvan Learning Center – Principal
  - Code9Mobile – Principal
  - Cole Stevens Salon – Principal
  - National Science Foundation – Principal

Modeling & Print

- Represented by **Wilhelmina Modeling Agency and T.H.E. Artist Agency** – Print and on-camera modeling for Canyon Ranch Spa & Resort, Woolrich Clothing, and lifestyle brands.

Voiceover & Media

- Professional voiceover training (Brenna McDonough, 2003–2006) – teleprompter, ear-prompter, commercial VO.
- Brand voice and spokesperson for national and regional campaigns across health, wellness, lifestyle, and financial industries.

Professional Highlights

- Multi-time **TEDx Speaker** and **Georgetown University Professor** (expert in wellness & communication).
- Founder, Empowered Living Inc. – extensive experience in presenting, storytelling, and connecting authentically on-camera.

- 20+ years as a **media personality**, combining acting, hosting, modeling, and voice work with global speaking and coaching.

Education & Training

- MA, Health & Wellness Coaching, Maryland University of Integrative Health
- BA, Psychology & Public Health, University of Rochester
- Graduate Certificate, Organization Development, Georgetown University
- On-camera, teleprompter, ear-prompter, VO training – Brenna McDonough

Other professional-related certifications in:

- Certified Yoga Instructor (200 RYT)
- Certified Personal Trainer & Group Fitness Instructor with NASM & AFAA
- National Board Certification - Health & Wellness Coaching (NBC-HWC)
- Associate Certified Coach (ACC) with the International Coaching Federation (ICF)
- Certified Meyers Briggs Assessment Practitioner
- Certified Positive Psychology Facilitator (XChange)
- Certified Mindful Eating Facilitator, Am I Hungry?
- Certified Workplace Excellence Instructor & Master Trainer